



## Blood Thinning Medications

When having a procedure, you need to be in your best condition in order to achieve the best results. Some regular medications can make you prone to bleeding and need to be stopped for a period of time prior to the procedure.

**Stopping the medication SHOULD ONLY be done with the consent of your prescribing physician.**

The following supplements/ drugs (brand name/generic) are known to be blood thinning and must be stopped usually **SEVEN ( 7 ) days**:

- Herbals containing Ginger or Ginko Biloba
- Fish Oil/Omega/Garlic
- Rx Fish Oil (Vascepa, Lovaza)
- Aspirin or aspirin containing medication
- Excedrin
- Equagesic
- Synalogs-DC, BC powder
- Plavix (Clopidogrel)
- Trental (Pentoxifylline)
- Advil/Motrin (Ibuprofen)
- Aleve,
- Anaprox DS,
- Mediproxen (Naproxen)
- Arthrotec
- Relafen
- Daypro (oxaprozin)
- Celebrex (celecoxib)

Includes Heparin and heparin type drugs:

- Innohep (Tinzaparin)
- Coumadin/Jantoven (Warfarin)

The following supplements/ drugs are known to be blood thinning and have varying time frames to stop prior to a procedure:

<b><u>DRUG (brand name/generic)</u></b>	<b><u>Time Frame to STOP prior to procedure</u></b>
• Effient (Prasugrel)	varies from 7-10 days
• Ticid (Ticlopidine)	14 days
• Brilinta (ticagrelor)	5 days
• Pradaxa (Dabigatran)	4 days
• Mobic (meloxicam)	4 days
• Arixta (Fondaparinux)	4 days
• Eliquis (Apixaban)	3 days
• Xarelto (Rivaroxaban)	3 days
• Pletal (Cilostazol)	2 days
• Persantine (Dipyridamole)	2 days
• Fragmin (Dalteparin)	24 hours
• Normiflo (Ardeparin)	24 hours
• Aggrenox (Dipyridamole/aspirin)	24 hours
• Lovenox (Enoxaparin)	12 hours